



# Young Adult Pathfinder

*Information for Patients  
and Caregivers*

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## **Books and e-Books**

- **This Should Not Be Happening: Young Adults With Cancer**  
(Anne Katz, 2014)
- **Planet Cancer: The Frequently Bizarre Yet Always Informative Experiences and Thoughts of Your Fellow Natives**  
(Heidi Schultz Adams and Christopher Schultz, 2010)

## **Websites**

- **Cancer.Net**  
For Young Adults  
<http://www.cancer.net/navigating-cancer-care/young-adults>
- **Fertile Future**  
<https://fertilefuture.ca/>
- **National Cancer Institute**  
<https://tinyurl.com/yaowoku7>
- **Young Adult Cancer Canada**  
<http://www.youngadultcancer.ca/>

## **Support Websites**

- **CancerCare – Young Adults**  
[http://www.cancercare.org/tagged/young\\_adults](http://www.cancercare.org/tagged/young_adults)
- **Cancer Chat Canada**  
[www.cancerchatcanada.ca](http://www.cancerchatcanada.ca)

- **Cancer Fight Club**  
<https://cancerfightclub.com>
- **Critical Mass**  
<https://criticalmass.org> 2
- **MyLifeLine**  
<https://mylifeline.org>
- **Stupid Cancer**  
<http://stupidcancer.org>
- **Survive & Thrive Cancer Programs**  
<http://survivethrive.org/>
- **The Ulman Cancer Fund for Young Adults**  
<http://www.ulmanfund.org/>
- **Venturing Out Beyond Our Cancer**  
<https://voboc.org/>

## **Additional Websites**

- **Grand River Hospital – Waterloo Wellington Regional Cancer Program**  
<http://www.grhosp.on.ca/care/services-departments/cancer/waterloo-wellington-regional-cancer-program>
- **Cancer Care Ontario**  
<https://www.cancercareontario.ca/en>
- **BC Cancer Agency**  
<http://www.bccancer.bc.ca>